

TOPIC / TEMA	WHEN / CUÁNDO
<b>Workshop: Balancing Work &amp; Family During COVID-19</b> <i>Presented on Zoom by: Gladys Gómez, Community Bridges – La Manzana Community Resources</i>	<b>Wednesday, March 3, 3:00 – 4:30 pm</b> Register: <a href="https://bit.ly/Work-Family-Mar3">https://bit.ly/Work-Family-Mar3</a>
<b>Workshop: Enjoying Mealtimes</b> <i>Presented on Zoom by: Sandra Rodelo, Community Bridges – La Manzana Community Resources</i>	<b>Thursday, March 4, 3:00 – 4:30 pm</b> Register: <a href="https://bit.ly/Mealtimes-Mar4">https://bit.ly/Mealtimes-Mar4</a>
<b>Seminar: Raising Competent Teens</b> <i>Presented on Zoom by: Dr. Heather Thomsen, PhD</i>	<b>Sunday, March 7, 1:00 – 3:00 pm</b> Register: <a href="http://bit.ly/Competent-Teens-Mar7">http://bit.ly/Competent-Teens-Mar7</a>
<b>Taller: Qué Hacer Cuando su Adolescente es Grosero e Irrespetuoso</b> <i>Presentado por Zoom por: Gladys Gómez, Puentes de la Comunidad – La Manzana Recursos Comunitarios</i>	<b>lunes, el 8 de marzo, 6 – 7:30 pm</b> Inscríbese: <a href="https://bit.ly/Grosero-Irrespetuoso-8Marzo">https://bit.ly/Grosero-Irrespetuoso-8Marzo</a>
<b>Taller: Balanceando el Trabajo y La Familia Durante el COVID-19</b> <i>Presentado por Zoom por: Gladys Gómez, Puentes de la Comunidad – La Manzana Recursos Comunitarios</i>	<b>miércoles, el 10 de marzo, 3:00 – 4:30 pm</b> Inscríbese: <a href="https://bit.ly/Trabajo-Familia-10Marzo">https://bit.ly/Trabajo-Familia-10Marzo</a>
<b>Taller: Disfrutando la Hora de Comer</b> <i>Presentado por Zoom por: Sandra Rodelo, Puentes de la Comunidad – La Manzana Recursos Comunitarios</i>	<b>jueves, el 11 de marzo, 3:00 – 4:30 pm</b> Inscríbese: <a href="https://bit.ly/Hora-Comer-11marzo">https://bit.ly/Hora-Comer-11marzo</a>
<b>Seminar: Raising Responsible Teens</b> <i>Presented on Zoom by: Gladys Gómez, Community Bridges – La Manzana Community Resources</i>	<b>Thursday, March 11, 6:00 – 7:30 pm</b> Register: <a href="https://bit.ly/Responsible-Teens-Mar11">https://bit.ly/Responsible-Teens-Mar11</a>
<b>Seminar: Getting Teens Connected</b> <i>Presented on Zoom by: Dr. Heather Thomsen, PhD</i>	<b>Sunday, March 14, 1:00 – 3:00 pm</b> Register: <a href="http://bit.ly/Connected-Teens-Mar14">http://bit.ly/Connected-Teens-Mar14</a>
<b>Workshop: What to Do When Your Teen is Rude and Disrespectful</b> <i>Presented on Zoom by: Gladys Gómez, Community Bridges – La Manzana Community Resources</i>	<b>Monday, March 15, 6:00 – 7:30 pm</b> Register: <a href="https://bit.ly/Rudeness-Disrespect-Mar15">https://bit.ly/Rudeness-Disrespect-Mar15</a>
<b>Workshop: Preventing &amp; Managing Whining</b> <i>Presented on Zoom by: Sandra Rodelo, Community Bridges – La Manzana Community Resources</i>	<b>Wednesday, March 17, 3:00 – 4:30 pm</b> Register: <a href="http://bit.ly/Whining-Mar17">http://bit.ly/Whining-Mar17</a>
<b>Seminar: Raising Competent Teens</b> <i>Presented on Zoom by: Gladys Gómez, Community Bridges – La Manzana Community Resources</i>	<b>Thursday, March 18, 6:00 – 7:30 pm</b> Register: <a href="https://bit.ly/Competent-Teens-Mar18">https://bit.ly/Competent-Teens-Mar18</a>
<b>Workshop: Parenting in Uncertain Times, Part 3</b> (for families with children with special needs), <b>with KIDS Zoom Hour</b> (activities for kids) <i>Presented in English with Spanish interpretation / Presentado en inglés con interpretación al español</i>	<b>Wed, March 24 / miércoles, el 24 de marzo 3 – 4:30</b> Register for parenting workshop // Inscríbese para el taller para los padres: <a href="http://santacruz.k12oms.org/1284-191089">http://santacruz.k12oms.org/1284-191089</a> Register for KIDS Zoom Hour // Inscríbese para la Hora de Niños: <a href="http://santacruz.k12oms.org/1284-192328">http://santacruz.k12oms.org/1284-192328</a> Hosted by the North Santa Cruz County SELPA // Patrocinado por el SELPA del Norte del Condado de Santa Cruz
<b>Taller: Previniendo y Manejando Los Lloriqueos</b> <i>Presentado por Zoom por: Sandra Rodelo, Puentes de la Comunidad – La Manzana Recursos Comunitarios</i>	<b>miércoles, el 24 de marzo, 3:00 – 4:30 pm</b> Inscríbese: <a href="https://bit.ly/Lloriqueos-24Marzo">https://bit.ly/Lloriqueos-24Marzo</a>
<b>Seminar: Getting Teens Connected</b> <i>Presented on Zoom by: Gladys Gómez, Community Bridges – La Manzana Community Resources</i>	<b>Thursday, March 25, 6:00 – 7:30 pm</b> Register: <a href="https://bit.ly/Connected-Teens-Mar25">https://bit.ly/Connected-Teens-Mar25</a>