STANDARD TRIPLE P SESSION 8 SUMMARY

Use this as a guide and as a record of what you covered in the session. Indicate with a tick (✔) if the item was covered. Leave blank if the item was omitted.

Client number: ................................................................. Date of session: .............................................................
Start time: ........................................................................ Finish time: ............................................................

Content Checklist

1. Agenda
   • Provide an overview of the session (outline proposed session goals and gain consent from the parent/s)
   • Review of practice sessions and homework
   • Update on progress
   • High-risk situations
   • Planned activities routines

2. Review
   • Recap main points from the practice sessions
   • Review homework (skills practised, monitoring, reading/viewing and workbook exercises)

3. Update on Progress
   • Exercise 1: Reviewing progress

4. High-Risk Situations
   • Introduce high-risk situations
   • Exercise 2: Identifying high-risk parenting situations

5. Planned Activities Routines
   • Provide a rationale for planned activities
   • Introduce the steps of the planned activities routine
   • Discuss the use of practice sessions
   • Use an example to illustrate an entire planned activities routine
   • Exercise 3: Developing a planned activities routine
   • Summarise planned activities

6. Session Close
   • Review the session
   • Explain homework tasks
     • Develop and try out planned activities routines for two high-risk situations and monitor the steps completed
     • Monitor the target child behaviour/s
     • Prepare for Session 9 (develop a planned activities routine for encouraging independent play and prepare the checklist on page 123 in Every Parent’s Family Workbook, arrange a fun activity for the session, plan an outing for after the session and note details on page 127)
   • Schedule the next appointment (prompt the parent/s to bring their child to the next session)
   • Close the session (outline the content of the next session and thank the parent/s for attending)
Session Notes

Additional Agenda Items (note any additional content or major deviation from the set program)

Homework Tasks

Signed: .......................................................... Date completed: ............................................