Content Checklist

1. Agenda
   • Provide an overview of the session (outline proposed session goals and gain consent from the parent(s))
   • Brief update and review of homework
   • Observation of parent-child interaction
   • Feedback of assessment results and summary of main areas of concern
   • Causes of child behaviour problems
   • Goals for change
   • Intervention negotiation

2. Review
   • Obtain a brief update (current family situation, information not covered in previous session)
   • Review homework (monitoring, reading/viewing and workbook exercises)

3. Observation of Parent-Child Interaction
   • Set up an observation of parent-child interaction
   • Exercise 1: Interacting with your family
   • Thank the parent/s and child (debrief at completion of observation task)

4. Feedback of Assessment Results
   • Formulate hypotheses
   • Set the child up with an activity
   • Explain the feedback process
   • Exercise 2: Sharing assessment findings
   • Discuss the data from each type of assessment (interview, questionnaires, monitoring, observation) in each area assessed
   • Child behaviour and parenting
   • Coping skills
   • Partner support
   • Family adaptation
   • Provide an integrating summary

5. Causes of Child Behaviour Problems
   • Outline the purpose of discussing causes of child behaviour problems
   • Introduce causes of child behaviour problems
   • Exercise 3: Identifying causes of child behaviour problems
   • Share your own observations (if necessary)
   • Ask the parent/s for any additional factors not listed
   • Provide an integrating summary
6. Goals for Change
   - Exercise 4: What skills should we encourage in children?
   - Exercise 5: Setting goals for change (note the parent/s goals)

7. Intervention Negotiation
   - Introduce the format of Stepping Stones
   - Negotiate an intervention plan

8. Session Close
   - Review the session
   - Explain homework tasks
   - Monitor the target child behaviour/s
   - Read Chapter 3 in Stepping Stones Triple P Family Workbook (and, if available, watch Stepping Stones Triple P: A survival guide for families with a child who has a disability Part 1: What is Positive Parenting? and Part 3: Promoting Children’s Development) and make a start on the exercises
   - Schedule the next appointment (prompt the parent/s to leave their child with carers for the next session)
   - Close the session (outline the content of the next session and thank the parent/s and child for attending)

Session Notes

Additional Agenda Items (note any additional content or major deviation from the set program)

Homework Tasks

Signed: ............................................... Date completed: ...................................