

TRIPLE P CLASSES | CLASES DE TRIPLE P

SEPTEMBER 2024

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Classes will be **virtual (V)** or **in person (IP)** | Las clases serán **virtuales (V)** o **en persona (EP)**

For various ages & abilities | Para varias edades y habilidades

Taller: Manejando el estrés (EP)	martes, el 3 de sept. 11 am – 12:30 pm Santa Cruz	Inscríbese: https://bit.ly/Estres-3Sept
Workshop: Coping with Stress (IP)	Tuesday, Sept. 17 6 – 7:30 pm Felton	Register: https://bit.ly/Stress-Sept17

For families with children from birth - 5 years | Para familias con niños desde el nacimiento - 5 años

Workshop: Teaching Children To Clean Up (V)	Saturday, Sept. 7 11 am – 12:30 pm	Register: https://bit.ly/Cleaning-Sept7
Taller: Ya es tiempo de entrenar para ir al baño (EP)	lunes, el 9 de sept. 6 – 7:30 pm Watsonville	Inscríbese: https://bit.ly/Baño-9Sept
Taller: Enseñando a los niños/as a limpiar (V)	sábado, el 14 de sept. 11 am – 12:30 pm	Inscríbese: https://bit.ly/Limpiar-14Sept
Workshop: Taming Tantrums and Power Struggles (IP)	Monday, Sept. 23 6 – 7:30 pm	Register: https://bit.ly/Tantrums-Sept23
Workshop: It's Time for Potty Training (IP)	Tuesday Sept. 24 6 – 7:30 pm Capitola	Register: https://bit.ly/Potty-Sept24

For families with children up to 12 years | Para familias con niños de hasta 12 años

Workshop: How to Help Your Child Deal with Bullying (IP)	Friday, Sept. 27 3 – 4:30 pm Felton	Register: https://bit.ly/Bullying-Sept27
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For families with tweens and teens 10-16+ years | Para familias con jóvenes de 10-16 años

Seminar: Raising Responsible Teens (V)	Wednesday, Sept. 4 6 – 7:30 pm	Register: https://bit.ly/Responsible-Sept4
Seminar: Raising Competent Teens (V)	Wednesday, Sept. 11 6 – 7:30 pm	Register: https://bit.ly/Competent-Sept11
Seminar: Getting Teens Connected (V)	Wednesday, Sept. 18 6 – 7:30 pm	Register: https://bit.ly/Connected-Sept18
Grupo Triple P de 8 semanas (V)	Cada jueves, del 19 de sept. - 7 de nov. 6 – 8 pm	Inscríbese: https://bit.ly/Grupo-Sept2024

For families with children with special needs | Para familias con niños con necesidades especiales

Workshop: Being Part of the Community (IP)	Monday, Sept. 9 6 – 7:30 pm Felton	Register: https://bit.ly/Community-Sept9
Workshop: What to do When your Child Has a Hard Time Separating from You (IP)	Thursday, Sept. 26 6 – 7:30 pm Felton	Register: https://bit.ly/Separate-Sept26

Triple P

Positive
Parenting
Program

A PROGRAM OF

FIRST 5
SANTA CRUZ COUNTY

To learn more about Triple P scan QR code or contact us at:

Para conocer más sobre Triple P escanee el código QR o comuníquese al:

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