

# TRIPLE P CLASSES MARCH 2023

## CLASES DE TRIPLE P MARZO 2023

Classes will be virtual (V) and in person (IP) // Las clases serán virtuales (V) y en persona (EP)

TOPIC / TEMA	WHEN & WHERE / CUÁNDO Y DONDE
<b>Grupo Breve: Adaptarse y prosperar como familia cuando su hijo tiene necesidades especiales (V)</b> Gelacio González, Awindo Consulting	Cada miércoles, del 1 - 22 de marzo, 6:00 – 8:00 pm Inscribase: <a href="https://bit.ly/Grupo-Paso-a-Paso-Marzo2023">https://bit.ly/Grupo-Paso-a-Paso-Marzo2023</a>
<b>Taller: Promoviendo el comportamiento positivo en la escuela (V)</b> Mayra Martinez, Puentes de la Comunidad – LMCR	sábado, el 4 de marzo, 11:00 am – 12:30 pm Inscribase: <a href="https://bit.ly/Escuela-4Marzo">https://bit.ly/Escuela-4Marzo</a>
<b>Workshop: Teaching Teens to Manage Money and Work (V)</b> Cori Burt, Triple P Practitioner	Monday, March 6, 6:00 – 7:30 pm Register: <a href="https://bit.ly/Teens-Money-Work-Mar6">https://bit.ly/Teens-Money-Work-Mar6</a>
<b>8-Week Group: For families with children 2-12 years old (V)</b> Sandra Rodelo, Community Bridges – LMCR	Tuesdays, March 7 – April 25, 6:00 – 8:00 pm Register: <a href="https://bit.ly/TripleP-Group-Mar2023">https://bit.ly/TripleP-Group-Mar2023</a>
<b>Taller: Ayudando a los niños con el trastorno de déficit de atención/hiperactividad (TDAH) a ser exitosos en el hogar y la escuela (EP)</b> (Para familias con niños de 5-12 años que asisten a las escuelas del PVUSD) <i>Presentado en español con interpretación al inglés</i> <b>Workshop: Helping Children with Attention Deficit/Hyperactivity Disorder (ADHD) Thrive at Home and School (IP)</b> (For families with children 5-12 years old who attend PVUSD schools) <i>Presented in Spanish with English interpretation</i>	jueves, el 9 de marzo/ Thursday, March 9 5:30 – 7:00 pm 530 Palm Ave, Watsonville Register / Inscribase: <a href="https://bit.ly/TripleP-PVUSD-Jan-May2023">https://bit.ly/TripleP-PVUSD-Jan-May2023</a>
<b>Workshop: Setting Healthy Screen Time Limits (V)</b> Cori Burt, Triple P Practitioner	Thursday, March 9, 6:00 – 7:30 pm Register: <a href="https://bit.ly/Screen-Time-Mar9">https://bit.ly/Screen-Time-Mar9</a>
<b>Workshop: Helping Children with Attention Deficit / Hyperactivity Disorder (ADHD) Thrive at Home and School (V)</b> Mayra Martinez, Community Bridges – LMCR	Friday, March 10, 5:30 – 7:00 pm Register: <a href="https://bit.ly/ADHD-Mar10">https://bit.ly/ADHD-Mar10</a>
<b>Workshop: Encouraging Your Child's Self-Esteem (V)</b> Cori Burt, Triple P Practitioner	Monday, March 13, 5:30 – 7:00 pm Register: <a href="https://bit.ly/Self-Esteem-Mar13">https://bit.ly/Self-Esteem-Mar13</a>
<b>Workshop: Teaching Children Social Skills (V)</b> (For families with children with special needs) <i>Presented in English with Spanish interpretation</i> <b>Taller: Enseñando destrezas sociales a los niños (V)</b> (Para familias con niños con necesidades especiales) <i>Presentado en inglés con Interpretación al español</i>	Thursday, March 16 / jueves, el 16 de marzo 6:00 – 7:30 pm Register / Inscribase: <a href="https://bit.ly/Social-Skills-March16">https://bit.ly/Social-Skills-March16</a>
<b>Workshop: How to Handle Fighting and Aggression (V)</b> Cori Burt, Triple P Practitioner	Monday, March 20, 5:30 – 7:00 pm Register: <a href="https://bit.ly/Fighting-Mar20">https://bit.ly/Fighting-Mar20</a>
<b>Taller: Controlando las luchas por el poder y los berrinches (V)</b> Mayra Martinez, Puentes de la Comunidad – LMCR	jueves, el 23 de marzo, 5:30 – 7:00 pm Inscribase: <a href="https://bit.ly/Berrinches-23Marzo">https://bit.ly/Berrinches-23Marzo</a>
<b>Workshop: Helping with Homework (V)</b> Cori Burt, Triple P Practitioner	Thursday, March 23, 6:00 – 7:30 pm Register: <a href="https://bit.ly/Homework-Mar23">https://bit.ly/Homework-Mar23</a>
<b>Workshop: Coping with Stress (V)</b> Cori Burt, Triple P Practitioner	Monday, March 27, 6:00 – 7:30 pm Register: <a href="https://bit.ly/Stress-Mar27">https://bit.ly/Stress-Mar27</a>
<b>Seminar: Positive Parenting for Children with a Disability (V)</b> Stella Lauerman, Triple P Practitioner	Wednesday, March 29, 6:00 – 7:30 pm Register: <a href="https://bit.ly/SS-Seminar-Mar29">https://bit.ly/SS-Seminar-Mar29</a>