

# TRIPLE P CLASSES APRIL 2024

## CLASES DE TRIPLE P ABRIL 2024

Classes will be **virtual (V)** or **in person (IP)** | Las clases serán **virtuales (V)** o **en persona (EP)**

For families with children from birth - 5 years   Para familias con niños desde el nacimiento - 5 años		
<b>Workshop:</b> Preparing Children to Have Visitors (IP)	<b>Thursday, Apr. 4</b>   6 – 7:30 pm Watsonville	Register: <a href="https://bit.ly/Visitors-Apr4">https://bit.ly/Visitors-Apr4</a>
<b>Taller:</b> Preparando a los niños a tener visitas (V)	<b>martes, el 16 de abr.</b>   6 – 7:30 pm	Inscríbese: <a href="https://bit.ly/Visitas-16Abr">https://bit.ly/Visitas-16Abr</a>
<b>Workshop:</b> Developing Good Bedtime Routines (IP)	<b>Monday, Apr. 22</b>   9 – 10:30 am Capitola	Register: <a href="https://bit.ly/Bedtime-Apr22">https://bit.ly/Bedtime-Apr22</a>
<b>Workshop:</b> Tips for Mealtimes (IP)	<b>Monday, Apr. 29</b>   9 – 10:15 am Aptos	Register: <a href="https://bit.ly/Mealtime-Apr29">https://bit.ly/Mealtime-Apr29</a>
For families with children up to 12 years   Para familias con niños de hasta 12 años		
<b>Taller:</b> Promoviendo la autoestima de su niño (EP)	<b>martes, 9 de abr.</b>   6 – 7:30 pm Santa Cruz	Inscribase: <a href="https://bit.ly/Autoestima-9Abr">https://bit.ly/Autoestima-9Abr</a>
<b>Taller:</b> Ayudando a su niño/a a tratar con los temores (EP)	<b>martes, el 16 de abr.</b>   6 – 7:30 pm Live Oak	Inscríbese: <a href="https://bit.ly/Temores-16Abr">https://bit.ly/Temores-16Abr</a>
<b>Workshop:</b> How to Help Your Child Deal with Bullying (V)	<b>Monday, Apr.22</b>   5:30 – 7 pm	Register: <a href="https://bit.ly/Bullying-Apr22">https://bit.ly/Bullying-Apr22</a>
<b>Taller:</b> Tratando con emociones fuertes: Superando el miedo (EP) (Para familias con niños que asisten a escuelas del PVUSD) En español con interpretación al inglés <b>Workshop:</b> Coping with Big Emotions: Overcoming Fear (IP) (For families with children attending schools in PVUSD) In Spanish with English interpretation	<b>martes, el 23 de abr.</b>   6 – 7:30 pm <b>Tuesday, Apr. 23</b>   6 – 7:30 pm Watsonville	Inscríbese   Register: <a href="https://bit.ly/TripleP-PVUSD-2023-24">https://bit.ly/TripleP-PVUSD-2023-24</a>
For families with tweens and teens 10–16+ years   Para familias con preadolescentes y jóvenes de 10-16 años		
<b>Workshop:</b> Encouraging School Attendance (V)	<b>Saturday, Apr. 6</b>   11 am –12:30 pm	Register: <a href="https://bit.ly/Attendance-Apr6">https://bit.ly/Attendance-Apr6</a>
<b>Seminar:</b> Raising Responsible Teens (V)	<b>Thursday, Apr. 11</b>   6 – 7:30 pm	Register: <a href="https://bit.ly/Responsible-Apr11">https://bit.ly/Responsible-Apr11</a>
<b>Seminario:</b> Criando adolescentes responsables (EP)	<b>jueves, el 18 de abr.</b>   6 – 7:30 pm Watsonville	Inscríbese: <a href="https://bit.ly/Responsables-18Abr">https://bit.ly/Responsables-18Abr</a>
<b>Seminar:</b> Raising Competent Teens (V)	<b>Thursday, Apr. 18</b>   6 – 7:30 pm	Register: <a href="https://bit.ly/Competent-Apr18">https://bit.ly/Competent-Apr18</a>
<b>Workshop:</b> How to Foster Positive Friendships Among Teens (V)	<b>Thursday, Apr. 18</b>   6 – 7:30 pm	Register: <a href="https://bit.ly/Friendships-April18">https://bit.ly/Friendships-April18</a>
<b>Taller:</b> Fomentando la asistencia a la escuela (V)	<b>sábado, el 20 de abr.</b>   11 am – 12:30 pm	Inscríbese: <a href="https://bit.ly/Asistencia-20Abr">https://bit.ly/Asistencia-20Abr</a>
<b>Seminar:</b> Getting Teens Connected (V)	<b>Thursday, Apr. 25</b>   6 – 7:30 pm	Register: <a href="https://bit.ly/Connected-April25">https://bit.ly/Connected-April25</a>
<b>Seminario:</b> Criando adolescentes competentes (EP)	<b>jueves, el 25 de abr.</b>   6 – 7:30 pm Watsonville	Inscríbese: <a href="https://bit.ly/Competentes-25Abr">https://bit.ly/Competentes-25Abr</a>

